

## What's this all about?

**Elise Bikker is a bronze sculptor of subhuman creatures which reflect on human behaviour. Elise is interested in human psychology and with her sculptures aims to "bring the inside out".**

**Her creatures focus on character traits that people do not always wish to show but would rather keep hidden, for example a selfish streak, excessive vanity or fear.**



## Get creating!

### Show who/what you want to be!

It can be fun fantasising about being someone or something else. If anything were possible, who or what would you love to be? And why that person, character or creature? For example, do you want to be a lion because of its strength? Or a bird perhaps, because it can fly and represents freedom? Or maybe Batman because of his courage? Anything is possible!

A mask or a hat can be used to hide your true self, but instead, try making one that shows the world what powers are hidden inside you! (And maybe the mask/hat can be a reminder of your inner strength and you'll discover you don't actually need to wear the mask/hat to show the world who you really are.)

### What you will need:

- Cardboard strips, ca. 70 cm long x 10 cm wide.
- Cardboard basic mask shape with holes for elastics to go behind ears
- Coloured paper and cardboard
- Ruler
- Glue stick
- Scissors
- Tape or stapler
- Double-sided tape
- Felt tip pens
- Elastics



## Step By Step:



1. For a hat: Measure the cardboard strip around your head for size. Mark with a pencil where the two ends overlap so you can tape or staple it at the right size.



2. This will be the basic crown of your headgear. Attach two strips of cardboard to the crown to create the top of the hat. If you use staples, put some tape over them on the inside of the hat so they won't get stuck in your hair.



4. Use the coloured paper and cardboard to cut out pieces of your headgear or mask.



5. Glue or tape them onto the cardboard crown or mask.



6. The sky is the limit! You can make it as easy or complex as you wish!



7. You can add details with the felt tip pens. Let your imagination do the rest!

### Want More?

Do some research into traditional headgear and masks of people around the world. For example, look into which creatures are represented, which shapes and colours are used and what they represent (strength, courage, protection against evil, a connection with ancestors, etc.)